

In Season Fruits and Vegetables

Below is a list of different fruits and vegetables and when they are in season. Most of these may spread into other seasons. Keep this in mind as you decide what to plant in your garden. Try planting a variety of produce so you and your family can eat fresh all year long!

Winter

Carrots
Celery
Chicory
Dates
Guava
Kiwi
Leeks
Pineapple
Rutabaga
Turnips

Spring

Artichokes
Asparagus
Avocados
Berries
Cherries
Chives
Cucumber
Green Beans
Melons
Mushrooms
New Potatoes
Peaches
Plums
Snap peas
Zucchini

Summer

Apples
Bell peppers
Corn
Eggplant
Figs
Grapes
Mango
Okra
Papaw
Rhubarb
Tomatoes
Watermelon

Fall

Broccoli
Cabbage
Cauliflower
Coconut
Cranberries
Kale
Parsnip
Pears
Persimmon
Pomegranate
Pumpkin
Squash
Sweet potatoes

Year Round

Bananas
Beets
Broccolini
Celery
Chard
Citrus
Greens
Passion Fruit
Potatoes
Spinach
Sprouts

