

Giggle for Stress Relief

Jokes

Q: Why did the turtle cross the road?
A: To get to the Shell station!

Q: Why do birds fly South?
A: Because it's too far to walk.

Q: If you throw a red stone into the blue sea what will it become?
A: It becomes wet.

Q: Why is it easy to weigh a fish?
A : Because it has its own scales.

Q: How can a man go eight days without sleep?
A. He sleeps at night.



Games

- **Sardines**
 - Reverse Hide-n-Go Seek. One person hides and everyone else tries to find them. Once you find the person you hide with them.
- **Squirt Bottle Game**
 - The person in the middle has a squirt bottle and thinks of their favorite color, food, holiday, etc. Each person takes turns guessing what it is. If you guess wrong you get squirted, the one who guesses correctly isn't squirted and is now in the middle with the squirt bottle.
- **Board Games**
 - **3+:** Chutes and Ladders, Bingo, Connect Four, Guess Who?, Twister **10+:** Taboo, Are you Smarter than a 5th Grader? **12+:** Scattergories, Balderdash
- **Card Games**
 - **3+:** Memory, Go Fish, Old Maid, Crazy Eights, Uno **10+:** Slapjack, War, Phase 10, Skipbo

